

# Code of Conduct for Children and Young People

Para Dance UK is fully committed to safeguarding and promoting the wellbeing of everyone taking part. We believe that it is important that members, participants, coaches, instructors and parents should, at all times, show respect and understanding for the safety and welfare of others. Therefore, everyone is encouraged to be open at all times and to share any concerns or complaints that they may have by contacting [feedback@paradance.org.uk](mailto:feedback@paradance.org.uk)

Taking part in Para Dance UK's activities should offer a positive experience for children and young people and where they can learn new things and have fun whilst being active in a safe and positive environment.

When taking part, you are expected to abide by the following junior code of practice:

## Children /young people are expected to:

- Be loyal and give their friends a second chance
- Be friendly and particularly welcoming to new members
- Be supportive and committed to others in your groups, offer comfort when required
- Keep yourself safe
- Report inappropriate behaviour or risky situations that you may have been involved in or were aware of
- Play fairly and be trustworthy
- Respect organisers, teachers and instructors
- Respect others
- Not be violent and aggressive
- Make your club a fun place to be
- Keep within the defined boundary of the dancing area
- Behave and listen to all instructions
- Show respect to other youth members/leaders
- Take care of any equipment
- Respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background or religious beliefs or sexual identity
- Refrain from the use of bad language or racial/sectarian references. This includes bullying using the internet or texting
- Not get involved in inappropriate peer pressure and push others into something they do not want to do
- Refrain from bullying or persistent use of rough and dangerous play
- Keep to agreed timings for sessions or inform the organiser or instructor if they are going to be late

## Children / Young People have the right to:

- Be safe and happy in their chosen activity
- Be listened to
- Be respected and treated fairly
- Privacy
- Enjoy your activity in a protective environment
- Be referred to professional help if needed
- Be protected from abuse by other member or outside sources
- Participate on an equal basis, appropriate to their ability
- Experience competition and the desire to win
- Be believed
- Ask for help

Para Dance UK reserves the right to ask any participant to leave the session in the case of inappropriate behaviour and may not be able to return to future sessions if the behaviour is not corrected.

### Support of Parents and Guardians

We ask that parents and guardians work to support children and young people to uphold this code of conduct as well as take part in any activity fully, with respect, attention and with the best intentions of doing their best.

Every child should be supervised, supported and actively encouraged to achieve their best during sessions. This means:

- Attending sessions punctually
- Wearing appropriate clothing- this should not be offensive or revealing and should allow the child to move freely and comfortably. Socks on hard floor surfaces should not be allowed as this increases the chance of slipping
- Encouraging and allowing the individual to try new things, feelings and emotions without fear of reprimand or humiliation
- Participating alongside the individual and assisting with movement as safe to do so and requested/required by the individual
- Creating a safe space to dance in without interruption or hazards
- Ensuring that the Instructor can see the participant(s) at all times in remote sessions
- Providing a quiet area for relaxation and decompression if necessary
- Keeping the Instructor updated of any concerns or changes
- Being aware of any injury or illness and acting appropriately
- Providing and encouraging good hydration throughout
- Ensuring that only those with permission are visible/take part in the session
- All equipment (including mobility equipment) is used appropriately and is in good working order – wheelchairs should have anti-tips activated and should be free from bags or other items

<b>Signature of child/young person</b>	<b>Print name child/young person</b>	<b>Date</b>
<b>Signature of parent /guardian</b>	<b>Print name parent/guardian</b>	<b>Date</b>

Additional Policies and Documents can be accessed at <https://paradance.org.uk/about/governance/>