



Para Dance UK Nationals 2020

Para Dance Sport Championship

July 11th 2020

UWE Bristol Centre for Sport



1. Organiser:

Name: Para Dance UK
 Address: 524 St Albans Road, Watford, Herts WD24 7RX
 Phone: 0300 111 3045
 E-mail: info@paradance.org.uk

2. Venue:

Centre for Sport, UWE Frenchay Campus Coldharbour Ln, Stoke Gifford, Bristol BS16 1QY

3. Times: All information is TBC until applications have closed in May 2020. You will be updated ASAP.

Classification	Multiple dates, see classification section below
Doors Open	*Estimated* 9.15AM
Technical Meeting	*Estimated* 9.30AM – All Instructors or Group Leaders Please
Competition Starts	*Estimated* 10.15AM
Close	*Estimated* 6:00PM

4. Preliminary Program:

The Provisional timetable and events programme is attached to this information package. The programme will be finalised after the final entries revision.

Entries may be in **Juvenile** (up to 13) **Junior** 13 – 20 or **Adult** 20+. (Juniors may choose to dance as Adult – This must be clearly indicated on forms)

Conventional Debutante:

Class UKD1 and UKD2 Duo, Class UKD1 and UKD2 Combi, Class L&F1 and L&F2 Single Men
 Class L&F1 and L&F2 Single Women
 Open Class Singles & Combi only

Standard dances: Waltz, Quick step

Latin dance: Samba

Time: A minimum of one and a half minutes for Waltz, Quickstep and Samba

Conventional Amateur:

Class ST 1 and 2 and LA 1 and 2 Duo, Class ST 1 and 2 and LA 1 and 2 Combi, Class L&F1 and L&F2 Single Men, Class L&F1 and L&F2 Single Women

Singles: Waltz, Tango, Samba, Jive

Combi/Duo Standard: Waltz, Tango, Viennese Waltz, Quickstep

Combi Latin: Samba, ChaChaCha, Rumba, Jive

Duo Latin: Samba, ChaChaCha, Rumba, Paso Doble

Time: A minimum of one and a half (1½) minutes for Waltz, Tango, Slow Foxtrot, Quickstep, Samba, Cha-Cha-Cha and Paso Doble. A minimum of one (1) minute for Viennese Waltz and Jive

Before you submit entry forms you must ensure that all athletes are on the competitive register, and have completed and submitted a registration form.

Music Speed

Latin Dances	Sport Class 1	Sport Class 2
	Bar/minute	Bar/minute
Samba	48-50	50-52
ChaChaCha	28-30	30-32
Rumba	24-25	24-25
Paso Doble	58-60	60-62
Jive	40-42	42-44

Standard Dances	Sport Class 1	Sport Class 2
	Bar/minute	Bar/minute
Waltz	28-30	28-30
Tango	31-33	31-33
Viennese Waltz	56-58	58-60
Foxtrot	28-30	28-30
Quickstep	48-50	50-52

Freestyle: Music times have been updated, please see rule book

This section of the competition is broken into 4 categories:

Group –Small Groups 4-8 People, or Large is 9+ (16+ special application to PD-UK before submitting entry forms)

Entries may be a mixture of Class 1 & 2 and standing and wheelchair athletes. (More than 50% of the group must be wheelchair users and be current debutante level athletes.)

Couples Combi –Debutante Class L&F1 and L&F2. Amateur L&F1 and L&F2. Open Class

Couples Duo – Debutante Class Duo L&F1 and Duo L&F2. Amateur Class Duo L&F1 and Duo L&F2

Single - Debutante Class L&F1 and L&F2 Single Men, Class L&F1 and L&F2 Single Women and Junior (under 20s) Class L&F1 and L&F2 Men and Women. Amateur L&F1 and L&F2 Men and Women. Open Class

- One athlete or group on the dance floor at a time
- Music is the choice of the athlete(s)/group
- Music may be a single piece, different types of music or mixed music
- Music must meet specific length requirements:
 - The duration of the free dance presentation for singles limits: 1.30min – 2 min
 - The duration of the free dance presentation for Combi/Duo limits: 2:30 to 3min
 - The duration of the free dance presentation for groups limits: 3 min – 4min

5. Freestyle Music

Para Dance UK takes no responsibility for incorrect music submission or that is incorrectly formatted/will not play
You Must

- **Submit music** for each freestyle entry saved as a separate file on a CD or USB.
- **File name** - Music submitted **must be saved with the athlete's name/names in the file name.**
- If submitting a number of tracks, each track must be clearly labelled. We will not accept a random selection of unnamed tracks and hold no responsibility for organising music to the correct athlete other than as labelled.
- **Entry Forms** - All music must be submitted with entry forms.
- **Music playing** – We will only press play and stop on one file/song per event. We will not edit, cut short or change your music before the event or on the day, the file/song will be played for the duration of the event as shown above.
- **On the Day** - You must also bring a copy of the music on CD's or USB with the songs listed in **order clearly named athlete/song title** to the event
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- ****CD or USB are the only formats accepted we will not accept a tablet or music from the cloud****

6. Open Class

This will be suitable for those who:

- Have been classified and found ineligible under IPC rules to compete
- Know they're ineligible to compete in Para Dance Sport because of IPC rules
- Uses a wheelchair in their everyday lives (this may be part-time use) *This must be regular use in accordance with a medical condition, and not through choice*

All athletes will compete together for each category entered. If there are large numbers of entries, the dancers on the floor may be split, which will be confirmed on the day. Moving forward, the categories may be split based on experience if numbers require.

If you have any questions or would like to discuss this further, please email info@paradance.org.uk

Entrants will be able to take part in Singles & Combi for Ballroom/Latin & Freestyle events as well as part of group routines if the eligibility criteria of that group is met.

7. Competition duration:

1 Day

8. Classification:

To book an appointment/s for classification on the upcoming dates please fill out the correct forms and send to classification@paradance.org.uk

- Debutante Athlete Classification Form with any relevant supporting documents. This form must be completed by the athlete only.
- If you require an Amateur Classification please contact the team at classification@paradance.org.uk.

When you contact us to book an appointment please be aware your appointment cannot be confirmed until we have received all of the paperwork.

Dates/times will be given out on first come first served basis we are not able to guarantee your closest location or first choice date.

Classification Dates	Sunday April 5 th 2020 Lemarie Centre, Watford Herts	Sunday April 19 th 2020 Centre for Sport Bristol UWE	Saturday May 30 th Location/Venue TBC
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9. Final Entry Deadline:

Entry paperwork deadline **May 29th 2020 – No Extensions or Exceptions**

Payments & New Member fee's **May 29th 2020 – No Extensions or Exceptions**

10. Liability:

Insurance - Each group is responsible for the appropriate insurance for accidents, health, property and liability of their team. All appropriate risk assessments and checks have been made by Para Dance UK.

9. Eligibility:

All athletes must be on the Para Dance UK competitive register – before submitting entry forms.

All athletes competing in Class 1 & 2 must have completed classification before the entry deadline.

10. Results:

Only results from athletes who are registered members of Para Dance UK will be considered for inclusion in the results and ranking list of the events.

11. Ranking:

Points will be awarded on a co-efficient basis, depending on the number of entrants within the category.

12. Entries and Registration Process:

All competing athletes must be registered by Para Dance UK prior to the final entries deadline. Athletes' entries not meeting this criteria may be rejected.

Before submitting entry forms you must ensure that all athletes listed are on the competitive register, their payment and form must be received before competition entry forms can be sent.

Couples and Single Athletes must sign the "Amateur Declaration Statement" in the competition entry form.

Late entries: All respective information must be reviewed on the 'case by case' basis and the entry may be accepted/rejected by the Para Dance UK Office.

Replacements: Para Dance UK must be informed about every replacement. Replacements of athletes may be accepted due to injury or medical reasons. All respective medical information regarding the athlete who is to be replaced must be sent to Claire Tracey by the respective Group leader for further consideration regarding its acceptance/rejection.

Please use the below information for submitting forms, asking questions and making payments.

29th May 2020: Deadline for Final Entry by Name, provision of details per person, and full payment of registration fees.

All Documents must be sent to one of the following:

Name: Para Dance UK, 524 St Albans Road, Watford, Herts WD24 7RX

E-mail: claire@paradance.org.uk

13. Entry Fee: Competition Entry Fees are now charged per entry for each athlete

Each category/event is £6.50 per entry.

For example - Conventional Duo & Single Freestyle = £13

Musical Guide £6 for the full day (Not charged per category)

Full day entry including Musical Guide per athlete £35 (this covers all eligible categories entered)

Spectators: £12 each, 2 for £20, 4 for £34. Larger groups please contact the office.

Carers entry fee is £5 (Make sure you're not double counting any musical guides)

Tickets need to be presented on the door no entry will be given without a ticket or on the door payment taken

Payment Terms:

Athletes making their own payments need to use their full name

Group payments if you are paying for multiple athletes/events you **must** also send remittance advice listing names, entries and total per athlete to allow finance team to match this to entry forms. Please send this to claire@paradance.org.uk

We will not be able to raise invoices for the entry fees.

Payment Methods:

Send cheque's to the above address

Bank transfer - Lloyds Bank 309641 01532434

14. Rules and Regulations:

The competition will be conducted under the IPC Para Dance Sport Rules and Regulations and IPC Para Dance Sport Classification Rules and Regulations. It will also be in line with the Para Dance UK Rules and Regulations.

15. Entry Forms:

These can be found - <https://paradance.org.uk/uk-national-championships/>.

For more information, please go to the competition page on the instructor support site.

18. Child Protection:

The Para Dance UK has a Child and Vulnerable Adult Protection Policy which governs all of our UK competitions. For a copy please contact info@paradanceuk.org

19. Doping

Doping is forbidden in accordance with the BPA and IPC Anti-Doping Code.

20. Code of Conduct

All adjudicators, officials and athletes all agree to abide by the Para Dance UK code of conduct.

21. Photography

During the event, photos and videos will be taken on behalf of Para Dance UK. These may be used to publicly promote the sport. If you do not wish to be included in these, please contact Para Dance UK Head Office by **May 29th 2020.**