



Para Dance UK Nationals 2019

Para Dance Sport Championship

June 22nd 2019

UWE Bristol Centre for Sport



1. Organizer:

Name: Para Dance UK
 Address: 524 St Albans Road, Watford, Herts WD24 7RX
 Phone: 0300 111 3045
 E-mail: info@paradance.org.uk

2. Venue:

UWE Frenchay Campus Coldharbour Ln, Stoke Gifford, Bristol BS16 1QY

3. Times: All information is TBC until applications have closed in May 2019. You will be updated ASAP.

Classification	None allocated – see update sent separately
Doors Open	*Estimated* 9.15AM – TBC
Technical Meeting	*Estimated* 9.30AM – All Instructors or Group Leaders Please
Competition Starts	*Estimated* 10.15AM
Close	*Estimated* 5:00PM

4. Preliminary Program:

The Provisional timetable and events programme is attached to this information package. The programme will be finalised after the final entries revision.

Entries may be in **Juvenile** (up to 13) **Junior** 13 – 20 or **Adult** 20+.

Conventional Debutante:

Class UKD1 and UKD2 Duo, Class UKD1 and UKD2 Combi, Class L&F1 and L&F2 Single Men, Class L&F1 and L&F2 Single Women.

Standard dances: Waltz, Quick step

Latin dance: Samba

Time: A minimum of one and a half minutes for Waltz, Quickstep and Samba,

Music Speed

Dance	Sport Class 1	Sport Class 2
	Bar/minute	Bar/minute
Waltz	28-30	28-30
Quick Step	48-50	50-52
Samba	48-50	50-52

If you would like to compete in Amateur or Select please contact info@paradance.org.uk

Before you submit entry forms you must ensure that all athletes are on the competitive register, and have completed and submitted a registration form.

Freestyle: Music times have been updated, please see rule book

This section of the competition is broken into 4 categories:

Group – Small Groups 5-8 People, or Large is 9+

Entries may be a mixture of Class 1 & 2 and standing and wheelchair athletes. (The majority of the group must be wheelchair users)

Couples Combi – Class L&F1 and L&F2

Couples Duo – Class Duo L&F1 and Duo L&F

Single - Class L&F1 and L&F2 Single Men, Class L&F1 and L&F2 Single Women, and Junior (under 20s) male and female

- a) One athlete or group on the dance floor at a time
- b) Music is the choice of the athlete(s)/group
- c) Music may be a single piece, different types of music or mixed music.
- d) Music must meet specific length requirements:
 - The duration of the free dance presentation for singles limits: 1.30min – 2 min
 - The duration of the free dance presentation for Combi/Duo limits: 2:30 to 3min.
 - The duration of the free dance presentation for groups limits: 3 min – 4min

5. Freestyle Music

Para Dance UK takes no responsibility for incorrect music submission or that is incorrectly formatted/will not play
You Must

- **Submit music** for each freestyle entry on a **separate CD**
- **File name** - Music submitted must be saved with the athletes name/names in the file name
- **Entry Forms** - All music must be submitted with entry forms – you may update this with a new version up to June 7th, however again if it doesn't meet the standard we will use first music received.
- **Music playing** – We will only press play and stop on one file/song per event. We will not edit, cut short or change your music before the event or on the day, the file/song will be played for the duration of the event as shown above.
- **On the Day** - You must also bring a copy of the music on separate CD's or USB to the event **CD/USB is the only format accepted we will not accept tablets, phones or music from the cloud**

6. Open Class

This will be suitable for those who:

- Have been classified and found ineligible under IPC rules to compete
- Know they're ineligible to compete in Para Dance Sport because of IPC rules
- Uses a wheelchair in their everyday lives (this may be part-time use) *This must be regular use in accordance with a medical condition, and not through choice*

As this is a pilot year running the Open Class, all athletes will compete together for each category entered. If there are large numbers of entries, the dancers on the floor may be split, which will be confirmed on the day. Moving forward, the categories may be split based on experience if numbers require.

If you have any questions or would like to discuss this further, please email info@paradance.org.uk

Entrants will be able to take part in Singles & Combi for Ballroom/Latin & Freestyle events as well as part of group routines if the eligibility criteria of that group is met.

7. Competition duration:

1 Day

8. Classification:

Classification appointments for June 21st 2019 are almost gone, the alternative is April 27th 2019 at our head office in Watford, Herts.

We have expanded the self-declaration form to enable you to provide the classifiers with all the relevant information, there may be instances when the classifiers require more information and clarification may be requested. It is possible that a cost may be incurred by the athlete when seeking reports from specialists or GPs, however we will endeavour to gain information via other avenues before requesting this option.

When you contact us to book an appointment please be aware your appointment cannot be confirmed until we have received all of the paperwork.

9. Final Entry Deadline:

Entry paperwork deadline **May 3rd 2019 – No Extensions or Exceptions**
Payments & New Member fee's **May 3rd 2019 – No Extensions or Exceptions**

10. Liability:

Insurance - Each group is responsible for the appropriate insurance for accidents, health, property and liability of their team. All appropriate risk assessments and checks have been made by Para Dance UK.

9. Eligibility:

All athletes must be on Para Dance UK's competitive register,
All athletes competing in Class 1 & 2 must have completed classification

10. Results:

Only results from athletes who are registered members of Para Dance UK will be considered for inclusion in the results and ranking list of the events.

11. Ranking:

Points will be awarded on a co-efficient basis, depending on the number of entrants within the category.

12. Entries and Registration Process:

All competing athletes must be registered by Para Dance UK prior to the final entries deadline. Athletes' entries not meeting this criterion may be rejected.

Couples and Single Athletes must sign the "Amateur Declaration Statement" in the competition entry form.

Late entries: All respective information must be reviewed on the 'case by case' basis and the entry may be accepted/rejected by the Para Dance UK Office.

Replacements: Para Dance UK must be informed about every replacement. Replacements of athletes may be accepted due to injury or medical reasons. All respective medical information regarding the athlete who is to be replaced must be sent to Para Dance UK Office by the respective Group leader for further consideration regarding its acceptance/rejection.

All the registration process for the competition is as follows:

3rd May 2019: Deadline for Final Entry by Name, provision of details per person, and full payment of registration fees.

All Documents must be sent to the following address:

Name: Para Dance UK
Address: 524 St Albans Road, Watford, Herts WD24 7RX
Phone: 0300 111 3045
E-mail: jain@paradance.org.uk

13. Entry Fee: Competition Entry Fees have changed and are now charged per entry for each athlete

Each category/event is £6 per entry.

For example - Conventional Duo & Single Freestyle = £12

Musical Guide £5 for the full day (Not charged per category)

Full day entry including Musical Guide per athlete £35

Spectators: £10 each, 2 for £16, 4 for £30. Larger groups please contact the office.

Carers entry fee is £5 (Make sure you're not double counting any musical guides)

Payment Terms: If a group payment is being submitted you **must** provide remittance advice listing names and amounts for entries to allow finance team to match this to entry forms. Please send this to jain@paradance.org.uk

14. Rules and Regulations:

The competition will be conducted under the IPC Para Dance Sport Rules and Regulations and IPC Para Dance Sport Classification Rules and Regulations. It will also be in line with the Para Dance UK Rules and Regulation.

15. Entry Forms:

An entry form is included. For more information, please go to the competition page on the instructor support site.

18. Child Protection:

The Para Dance UK has a Child and Vulnerable Adult Protection Policy which governs all of our UK competitions. For a copy please contact info@paradanceuk.org

19. Doping

Doping is forbidden in accordance with the BPA and IPC Anti-Doping Code.

20. Code of Conduct

All adjudicators, officials and athletes all agree to abide by the Para Dance UK code of conduct.

21. Photography

During the event, photos and videos will be taken on behalf of Para Dance UK. These may be used to publicly promote the sport. If you do not wish to be included in these, please contact Para Dance UK Head Office by **May 3rd 2019**.